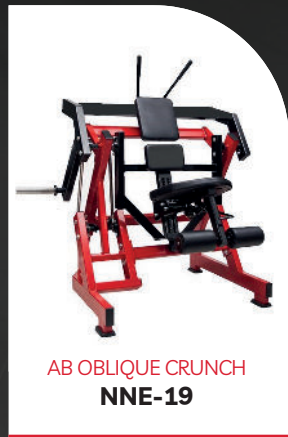
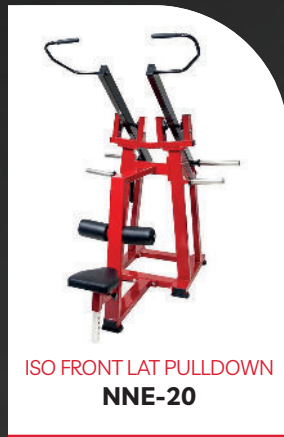


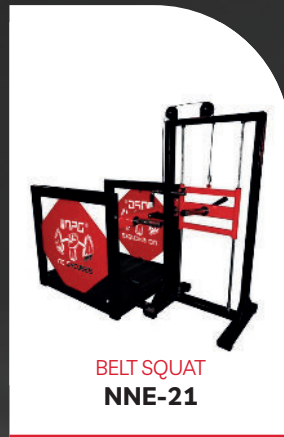
NPGENO EXCUSES



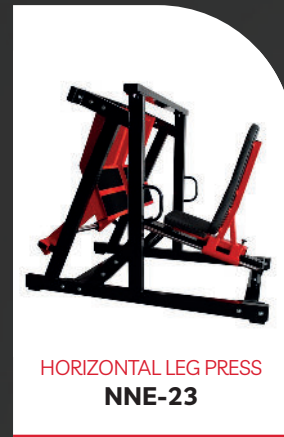
AB OBLIQUE CRUNCH
NNE-19



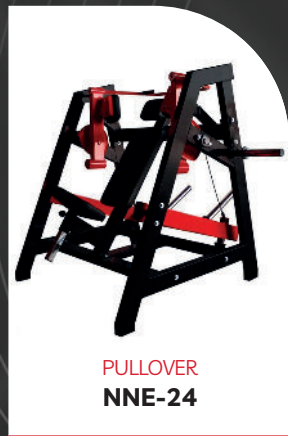
ISO FRONT LAT PULLDOWN
NNE-20



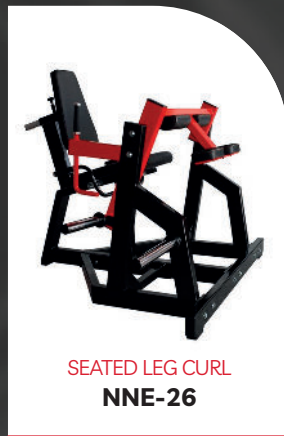
BELT SQUAT
NNE-21



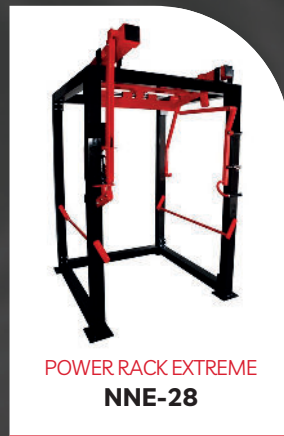
HORIZONTAL LEG PRESS
NNE-23



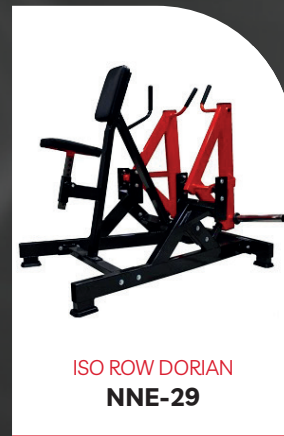
PULLOVER
NNE-24



SEATED LEG CURL
NNE-26



POWER RACK EXTREME
NNE-28



ISO ROW DORIAN
NNE-29



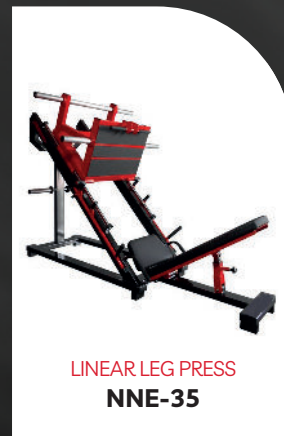
HIP THRUST
NNE-31



TOTAL SHOULDER
NNE-32



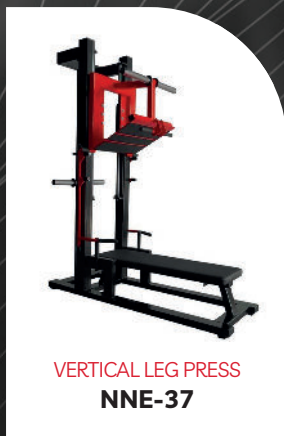
TOTAL ARM
NNE-33



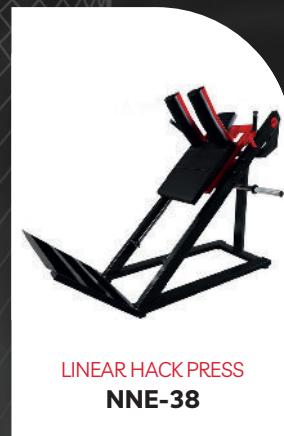
LINEAR LEG PRESS
NNE-35



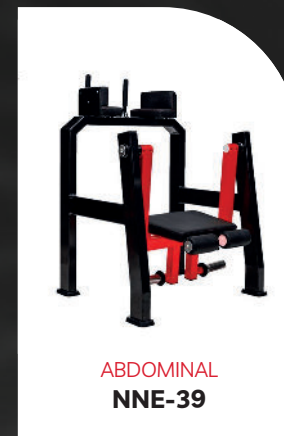
LINEAR LEG PRESS XTREME
NNE-36



VERTICAL LEG PRESS
NNE-37



LINEAR HACK PRESS
NNE-38



ABDOMINAL
NNE-39



powered by
Stokkiewicz



ISO ROWING
NNE-09



ISO LEG EXTENSION
NNE-12 ISO



LYING LEG CURL
NNE-22



TOTAL LEG
NNE-27



ISO PRESS SHOULDER
NNE-30



OLYMPIC TOTAL BENCH PRESS
NNE-34



V LEG PRESS
NNE-01



V SQUAT
NNE-02



ISO FLAT BENCH PRESS
NNE-03



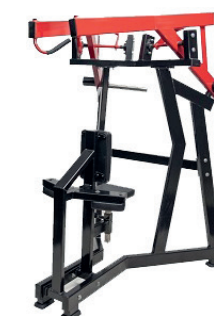
ISO BENCH PRESS MULTIGRIP
NNE-04



ISO INCLINE BENCH PRESS
NNE-05



SEATED DIP - SQUAT
NNE-06



ISO HIGH ROW
NNE-07



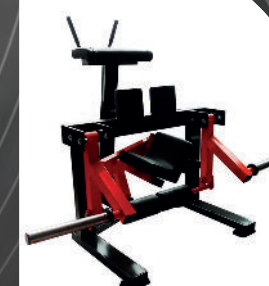
ISO LOW ROW
NNE-08



ISO INCLINE SHOULDER PRESS
NNE-10



LEG EXTENSION
NNE-12



ISO KNEELING LEG CURL
NNE-13



POWER SQUAT-CALF
NNE-14



ISO CURL BICEPS
NNE-15



LATERAL RAISE
NNE-16



ISO INCLINED FLY
NNE-17



CURL BICEPS
NNE-18